



20 - 29 October 2017

north east
Rivers Festival
featuring the
DerbyRiverDerby



Major sponsors:

MUSSELROE
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Winnaleah District High School Raft, Run, Ride!

Saturday 28th October 2017
Derby River Bank starting at 1:10pm

The Raft, Run, Ride is a fun triathlon style event featuring the Blue Derby mountain bike trail. Open to competitors of all abilities - no experience necessary.

Competitors complete a 1km raft leg, 5km running leg and finish with a 10km bike leg.

Can be completed solo, in pairs or by relay team of 3 people (1 per leg)

Craft must be inflatable eg a commercially available inflatable kayak/raft or truck/car inner tubes.

If you have a 2 person Raft/Kayak, 2 team members can paddle it, or 2 solo competitors can team up for this leg.

Entry forms available on the NERF website or on the day from 10:00am

Truck Inner Tubes are available from Tyreright in St Leonards from \$35 each, but you must tape up the valve so it doesn't injure you.

For more details phone Winnaleah District High School on 6354 0222 or visit the NERF website.



All competitors must wear suitable safety equipment – helmet, personal floatation device (life jacket) & closed-in footwear.



Celebrating 10 years since the formation of the North East Rivers Festival
www.neriversfestival.com.au